

# What Is 4-H?



## Henry County 4-H Facts:

- 832 4-H members
- Over 200 projects to choose from
- 27 Community 4-H Clubs
- 4-H Junior Leadership Club for teens 14-18 years of age

### 4-H Motto

"To Make The Best Better"

### 4-H Colors

Green & White

- Green represents life, springtime and youth
- White represents purity.



### 4-H Emblem

Green 4-leaf clover with a white "H" on each leaf  
The H's stand for Head, Heart, Hands & Health



4-H is the largest youth organization in the United States!

4-H is the youth audience of the Ohio State University Extension~ Henry County. The program is a non-formal educational program.

4-H teaches life skills for individuals to use throughout their lives. Youth learn these skills through hands-on learning, leadership, community service and educational activities that they become involved in.

4-H has over 200 projects youth can choose from to gain new knowledge and skills. These projects are based on experiential learning. We are more than cows and cooking! Check out the back of this flyer for details...

## How Do Youth Join 4-H?

4-H membership is open to all youth, ages 5-18 regardless of race, color, sex, national origin, religion or handicap. Members ages 5-7 (Kindergarten through 2nd Grade) are involved in the 4-H Clover-bud program, which is a non-competitive program, providing age appropriate activities for members. Youth ages 8 or 9 and in the 3rd Grade through 18 years of age are eligible for membership in the traditional 4-H program.

In Henry County 27 traditional 4-H clubs exist and new clubs form every year. Contact the Henry County Extension office at 419-592-0806 to find a club near you! The organizational advisors are listed on the club brochure as well.

For more information contact :

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## 4-H Pledge

I pledge...  
My **HEAD**  
to clearer thinking  
My **HEART**  
to greater loyalty  
My **HANDS**  
to larger service  
And  
My **HEALTH**  
to better living

For my club, my community,  
my country and my world.



**HEAD** represents clearer thinking. Learning to make decisions and gain new and valuable insights and knowledge.

**HEART** represents loyalty. Understanding of personal values, moral and ethical decision making in the local and global communities.

**HANDS** represents service. Learning new skills already developed, instilling pride in work and respect for work accomplished.

**HEALTH** represents better living. Practicing healthful living, protecting the well being of self and others and making constructive use of leisure time.



## What can you do in 4-H?

### Projects...

Aerospace Science	Aquatic Science	Archery
Athletics	Bicycles	Career Exploration
Cats	Child Development	Clothing
Creative Arts	Dog Care	Electricity
Fishing	Food & Nutrition	Forestry
Gardening	Gun Safety	Health
Home Decorating & Designing		Insects
Lawn Care	Leadership	Collecting
Money Management	Pet Care	Photography
Plant Science	Rabbits	Self-Determined
Radio Controlled Vehicles	Rope	Shooting Sports
Small Engines	Theater Arts	Trapping
Veterinary Science	Tractor & Machinery Operation	
Welding	Woodworking	Writing
Livestock= Beef, Dairy, Goats, Sheep, Swine, Horses, Poultry		

### Activities galore...

In addition to the community club activities, we have many activities on the county level to choose from. Educational hands-on workshops are available to learn new skills, make new friends and have fun gaining new knowledge. Community service activities are provided to youth and clubs to participate in to help the community they live in through a wide array of activities.

Our county 4-H Camp is held for youth ages 8 or 9 and in the 3rd grade through 14 years of age and finishing the 8th grade. We camp at 4-H Camp Palmer, Fayette, OH. We also conduct a 4-H Horse Camp for our horse project members. Cloverbuds enjoy a day camp all their own right here in Henry County. Other camps are available in our regional area and state program.

On the state level, youth can participate in leadership development conferences, have the opportunity to travel to Washington DC to learn about our nation's capitol and the governmental process. Youth can travel abroad and participate in 4-H through the International Exchange programs.

Check out the county level program at [www.henry.osu.edu](http://www.henry.osu.edu)  
Click on the 4-H Youth Development

Check out the Ohio 4-H Program at [www.ohio4h.org](http://www.ohio4h.org)